

^

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title:       NURSING PRACTICE THEORY  
Code No.:            NUR 106/114  
Program:             NURSING  
Semester:            ONE  
Date:                 SEPT. 1986  
Author:              NURSING THEORY TEACHERS - YEAR I

New:                 Revision:        X

APPROVED:

Chairperson

Date

NURSING PRACITCE THEORY

NUR 106/114

Course Name

Course Number

PHILOSOPHY/GOALS;

The purpose of this course is to prepare the student to use the nursing process in assisting the client to maintain and promote adaptation. Nursing is viewed within the context of the adaptation conceptual framework. This involves detailed examination of the steps in the nursing process, assessment, planning, intervention and evaluation. Emphasis is given to the theory and skills necessary for effective communication in promoting adaptation. The cognitive, affective and psychomotor domains of learning are involved throughout.

METHOD OF ASSESSMENT (GRADING METHOD):

Grading	A+	90	-	100%
	A	80	-	89%
	B	70	-	79%
	I	Below		70%

Mark Allocation - Semester 1

	* Test Mark	- Introduction Unit	20%
		- Exercise and Rest & Hygeine	22%
		- Communication	11%
		- Safety	4%
		- Role	9%
		- Sensory	9%
			75%
Final Exam		- on Safety	1%
		- on Introduction Unit	5%
		- on Exercise and Rest & Hygeine	7%
		- on Communication	4%
		- on Sensory	4%
		- Temperature	3%
		- Role	1%
			25%
		TOTAL:	100%

\* See Program Requirements regarding tests and exams.

First Year Texts for Nursing 106/114

KOZIER, B. & ERB, G.L., Fundamentals of Nursing - Concepts & Procedures, 2nd edition, Addison-Wesley Publications, Menlo Park, California, 1983.

PENDER, N., Health Promotion in Nursing Practice, Appleton-Century-Crofts, Toronto, 1982.

WHALEY, L.F., WONG, D.L., Essentials of Pediatric Nursing, 2nd edition, C. V. Mosby Co., Toronto, 1985.

SMITH, G. S DAVIS, P., Medical Terminology: A Programmed Text, 4th edition, John Wiley s Sons, Inc., Toronto, 1981.

URDANG, L., SWALLOW, H.H., Mosby's Medical & Nursing Dictionary, C. V. Mosby Co., Toronto, 1983.

SUNDEEN, S., STUART, G., RANKIN, E., COHEN, D., Nurse-Client Interaction, C. V. Mosby Co., Toronto, 1985.

BOBAK, I., JENSEN, M., Essentials of Maternity Nursing, C. V. Mosby Co., Toronto, 1984.

CLAYTON, B.D., STOCK, Y.M., SQUIRE, J.E., Squire's Basic Pharmacology for Nurses, C. V. Mosby Co., Toronto, 1985.

SKIDMORE-ROTH, L.C., Medication Cards for Clinical Use, Prentice-Hall Publishing and Communication Co., Scarborough, 1985 (not compulsory to purchase)

POLEMAN, CM., CAPRA, C.L., Shackelton's Nutrition Essentials and Diet Therapy, W. B. Saunders Co., Toronto, 1984.

UNITS OF STUDY

SEMESTER 1:	HOURS
UNIT 1: INTRODUCTION TO ADAPTATION, HEALTH & THE NURSING PROCESS	18
UNIT 2: EXERCISE AND REST AND HYGEINE	20
UNIT 3: COMMUNICATIONS (PART I)	14
UNIT 4: PROTECTION (PART I)	3
UNIT 5: SENSORY	10
UNIT 6: ROLE	9
UNIT 7: TEMPERATURE	3
TOTAL	77 HOURS

COURSE OBJECTIVES!

1. Explain the relationship between adaption and nursing practice in assisting clients who require support to maintain and promote adaptation.
2. Demonstrate the use of the nursing process for individuals who require support to maintain and promote adaptation.
3. Apply theory concepts and principles of interpersonal relationships in the nursing process.
4. Determine the relevance of values to nursing practice.
5. Comply with professional expectations regarding accountability.
5. Recognize the need for the nurse to be a continuous learner.
7. Recongnize the impact of the structure and function of the health care system on current practice situations.